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Book discussion guide for: The Island of Sea Women By: Lisa See

Theme: female friendship, competition, guilt, not communicating/understanding

Objectives:

1. Explore and identify the themes of the book
2. Define and apply tools for repairing female focused relationships to build support for one another, especially in times of hardship

Identify aspects/elements of one of your most successful, female centered relationships:

Identify a challenging female centered relationship (you do not have to use the person's actual name).
What makes it challenging?

What do you most want her to know about you? About your feelings about the relationship?

What you think she would want you to know about her and her feelings about the relationship?

Identify what you really like about this challenging relationship, what keeps you in it rather than abandoning it?

If you and this person were characters in this book, who would each of you be? You can combine elements of characters.